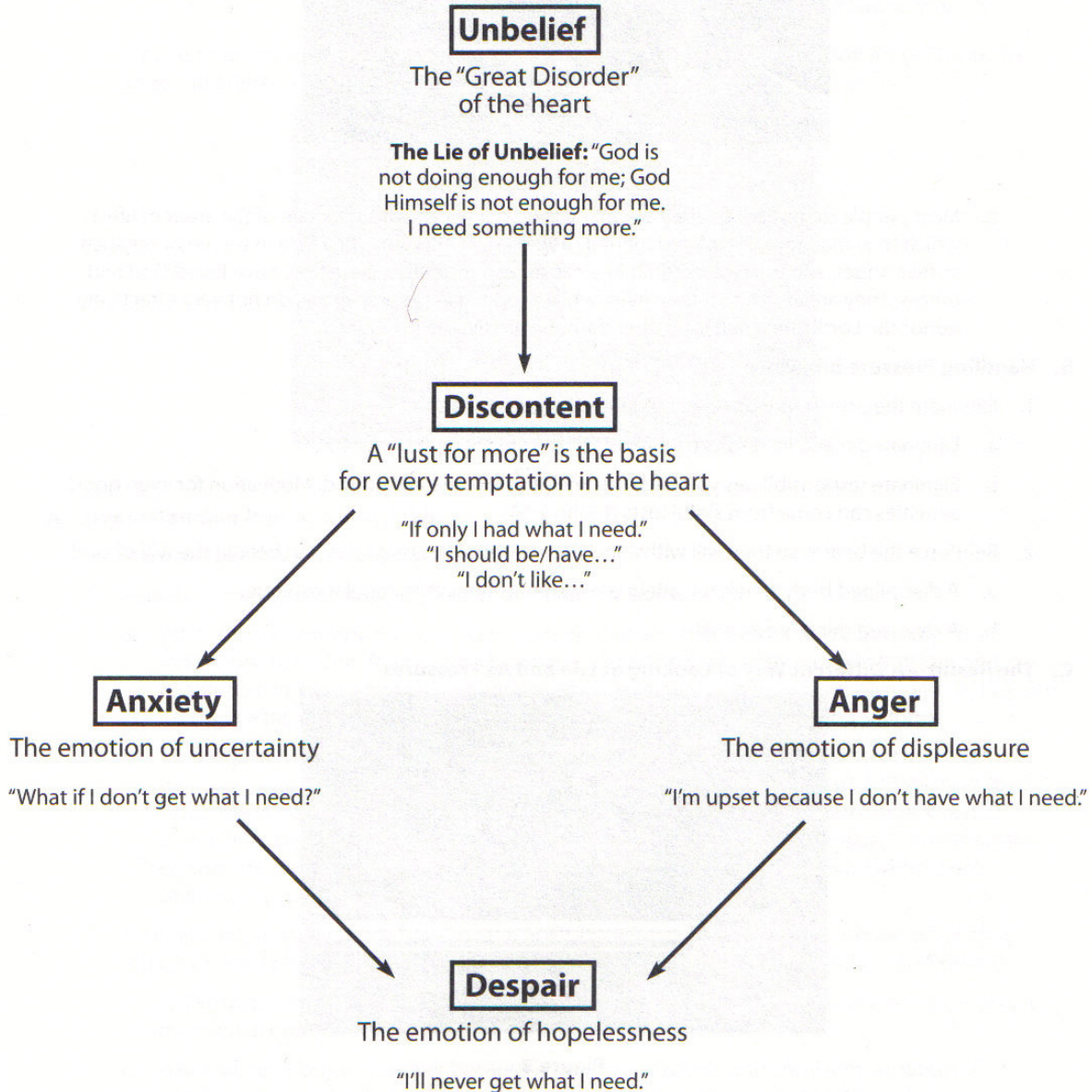


Part One: The Way Down

Session 4

Tracking the Way Down Part 1

“For even though they knew God, they did not honor Him as God or give thanks, but they became futile in their speculations, and their foolish heart was darkened.” - Romans 1:21



- A. **Unbelief—“The Great _____” of the Heart**
1. Unbelief is a “dis-order” because it accepts the reasonings of fallen _____ (“vain imaginations”) over the revelation of _____.
 2. As we shall see, most of the psychiatric “disorders” of our day are rooted in “The _____.”

These passages are merely representative of many that show this relationship in the Scriptures. In each of these passages an obvious sin shows up, but God's rebuke is for unbelief.

- a. At the root of _____ is unbelief (Numbers 20:1-13).
- b. At the root of _____ and _____ is unbelief (Mark 4:40).
- c. At the root of _____ is unbelief (Hebrews 12:2-3).

3. The lie—the fantasy—of “The Great Disorder” is that “God is not doing enough for me; God Himself is not enough for me. I need something more.”

- We have interpreted what we know about God from our _____ instead of interpreting our experiences in light of what is true about God from the _____.

4. If we reject what God says is true, all we can do is live in a _____ world of imagination because the world as we are choosing to believe it does not exist.

- a. A world where God does not _____ us does not exist.
- b. A world where God is not in _____ of all things for our _____ and His _____ does not exist.
- c. A world where God is not _____ me or does not _____ my cry does not exist.
- d. A world where God is _____ - _____ and _____ - _____ does not exist.

- These worlds are fantasy worlds of our imaginations.

5. To live in a fantasy world is to hasten our own _____.

6. Philippians 4:19 describes the real world: *“My God will supply all your needs according to His riches in glory in Christ Jesus.”*

B. Discontent

1. Discontent is the dissatisfaction of not having what _____ have _____ we need.

2. The whining of our discontented heart is familiar.

- a. “If only I had what I need.”
- b. “I should be/have...”
- c. “I don't like...”

3. These statements are _____ because a “lust for more” is the basis for every _____ in the heart.

James 1:14—“Each one is tempted when he is carried away and enticed by his own lust.”

4. Begin a list of your own “if onlys,” “I shoulds,” and “I don't likes.”

5. Legitimate _____ should be turned into _____ while surrendering the _____ to God.

CONCLUSION: Learn to look for the roots of _____ and _____ when you see the fruit of guilt, anxiety, anger, and despair.