

# QUIETING A NOISY SOUL

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## Part One: The Way Down

### Session 2

Unmasking the Source of Your Noise

*“Grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord; seeing that His divine power has granted to us everything pertaining to life and godliness, through the true knowledge of Him who called us by His own glory and excellence.” – 2 Peter 1:2-3*

- A. The Nature of Truth
1. Some things every man understands to be true through \_\_\_\_\_ and his own \_\_\_\_\_ (Romans 1:18-21, 25, 28, 32).
  2. Definition: Truth is that which corresponds to \_\_\_\_\_.
  3. Corollary: Nothing can be \_\_\_\_\_ and \_\_\_\_\_ at the same time.
  4. Corollary: Nothing can \_\_\_\_\_ and not \_\_\_\_\_ at the same time.
- B. The Danger of Unbelief
1. Definition: A belief is what you \_\_\_\_\_ to be true.
  2. Definition: Unbelief is \_\_\_\_\_ what \_\_\_\_\_ says is true.
    - a. You are always believing \_\_\_\_\_; nonbelief is \_\_\_\_\_.
    - b. Rejecting \_\_\_\_\_ and His words about reality (unbelief) is a problem for two reasons:
      - 1) Most seriously, rejecting the truth about God is a highhanded \_\_\_\_\_ against God; it \_\_\_\_\_ Him (Romans 1:21, 25).
      - 2) Rejecting the truth about God begins the process of your own \_\_\_\_\_ (Romans 1:21-32).
  3. You must labor to find out what is true according to \_\_\_\_\_, resolutely reject any deviation from it, and cling to the things that are true about \_\_\_\_\_ no matter what is happening to \_\_\_\_\_.
- C. The Glory of God
1. \_\_\_\_\_ robs God of His glory (Romans 1:21). His unique \_\_\_\_\_ is tarnished in our view. He becomes in our mind no better than the \_\_\_\_\_ He made—weak, untrustworthy, unloving, unkind, unwise.
  2. The temptation of the sinful \_\_\_\_\_ is to “[exchange] the truth of God for a lie” (Romans 1:25).

D. Stabilizing Truths for Noisy Souls: The Knowledge of God

1. God is always \_\_\_\_\_—always! That means...
  - a. He will always meet my genuine \_\_\_\_\_—always!  
☞ Philippians 4:13, 19; Matthew 6:31-33
  - b. He will always forgive my \_\_\_\_\_—always!  
☞ I John 1:9; Psalm 51; Isaiah 66:2b
  - c. He is always up to something \_\_\_\_\_ in my life—always!  
☞ Jeremiah 29:11; Romans 8:26-34
  - d. He will always \_\_\_\_\_ me personally—always!  
☞ Romans 8:35-39; Jeremiah 31:3; John 17:23
  - e. He will always give me the \_\_\_\_\_ I need—always!  
☞ II Corinthians 9:8; I Corinthians 15:10; II Corinthians 12:9-10
  
2. God is always \_\_\_\_\_—always! That means...
  - a. He is always in \_\_\_\_\_ of all things—always!  
☞ Psalm 103:19; Isaiah 14:27; 46:9-10
  - b. He is always \_\_\_\_\_ with me—always!  
☞ Psalm 139:7-12; Isaiah 41:10; Jeremiah 23:24
  - c. He is always the \_\_\_\_\_—always!  
☞ Malachi 3:6a; Hebrews 1:10-12
  - d. He is always \_\_\_\_\_—always!  
☞ II Timothy 2:13; Psalm 36:5; Numbers 23:19; Deuteronomy 7:9; 31:8
  - e. He is always \_\_\_\_\_ in what He does—always!  
☞ Romans 11:33; Colossians 2:3; Revelation 15:3-4

**Labor, labor, labor to \_\_\_\_\_ these truths—look up the above verses and find other verses that teach these truths. \_\_\_\_\_ these truths and verses that support them (Psalm 119:9-11). \_\_\_\_\_ these truths (I Timothy 4:15-16). \_\_\_\_\_ about these truths (I John 1:3). \_\_\_\_\_ every stray thought of your heart by these truths (II Corinthians 10:3-5). Don't despise \_\_\_\_\_ about these truths (II Timothy 4:2-4).**

**To reject them is to believe a lie.**

**CONCLUSION:** Unbelief is the \_\_\_\_\_  
\_\_\_\_\_ of the noise in your soul. You do not yet see that  
God Himself is \_\_\_\_\_ than \_\_\_\_\_ for you.